

Welcome to Russian Open 2023!

12th International Taekwondo Tournament «Russian Open»,
October 24 - 27, 2023, Moscow region, Russian Federation

<u>Outline</u>	
1. Organizing Committee:	Russian Taekwondo Union 119270 Moscow, Luzhnetskaya nab. 8 President Anatoly Terekhov Intl.rtu@mail.ru ; tkd.rtu@gmail.com ;
	Taekwondo Federation of Moscow region President Gusein Magomedov Intl.rtu@mail.ru ; tkd.rtu@gmail.com ;
2. Competition Venue:	Russia, Moscow region, 20 Mezhdunarodnaya St., Krasnogorsk, Crocus Expo, 143402, Russia
3. Competition Dates:	October 24-27, 2023
4. Qualifications:	<ul style="list-style-type: none"> * Must be a holder of nationality of the Participating country * National Association Member of WT * Dan/poom certificate for seniors is obligatory * 1st GYP for juniors and cadets is obligatory <p style="color: red;">There won't be awarded any WT Ranking Points to the athletes.</p>
5. Age:	Seniors – 17 years and elder (2006 and elder) Juniors - 15-17 years old Cadets – 12-14 years old
6. Competition Rules:	The WT Competition rules
7. Time mode:	Seniors, Juniors, Cadets - 3 rounds x 2 minutes (1 min. break)
8. Weight Categories:	Senior male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg Juniors male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg



	<p>Juniors female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -59kg, -63kg, -68kg, +68kg</p> <p>Cadets male: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg</p> <p>Cadets female: -29kg, -33kg, -37kg, -41kg, -44kg, 47kg, -51kg, -55kg, -59kg, +59kg</p>
9. Team entries per team:	Not limited.
10. Protective Equipment & Uniform:	<p>The participants shall wear the WT recognized taekwondo Uniform. KPNP PSS will be used at this Tournament. KPNP Electronic Body Protectors and electronic head gears will be provided by the Organizing Committee. Groin/forearm/shin guards and gloves are compulsory and must be brought by the contestants.</p> <p><u>Mouth piece is compulsory!</u> Only white or transparent. All athletes must bring their own KPNP sensor socks.</p>
11. Medical Control:	<p>Use of drugs or doping by any chemical substances prescribed in the WT Regulations or Doping Control is strongly prohibited.</p> <p>The Doping Control Company at random sampling will carry out the medical doping tests.</p>
12. Applications:	<p>It is the responsibility of each organization or club to make sure that the forms are properly filled in as well as the forms attached to the Outline for additional information. The application forms should be signed by the head of club or sport school and approved by the appropriate regional taekwondo organization.</p> <p>Attachments 1-4.</p> <p>DEADLINE FOR APPLICATIONS is 14.10. 2023 (11.59 p.m. Moscow time)</p> <p>Entries after the deadline will not be accepted. The registration form should be send to the email: russianopentkd@yandex.ru</p>
13. Entry Fee:	The Entry Fee for each participant is 5000 rubles RF per Athlete and must be paid by bank transfer to the bank



	<p>account of the organization. Attachment 5.</p> <p>ATTENTION: ALL THE PRIZE WINNERS OF 2020 TOKYO OLYMPIC GAMES ARE FREE FROM ENTRY FEES AT RUSSIAN OPEN 2023!</p> <p>IMPORTANT: If the athlete registered does not take part in the competition for some reason, but <u>he/she has not been removed from the list of participants before the end of registration which is (October 14, 2023)</u>, his/her team official must <u>fully (100%)</u> pay his Entry fee for participation.</p> <p><u>Entry fee is not refundable back to the participant!</u></p>
14. Indemnities:	<p>The Attachment 1 and 2 are to be signed correctly by participants and for under aged athletes the official representatives (parents parents/legal guardian), indemnifying the organizers, other contestants and officials from any claims of injuries, losses, damages or violence arising during the championships or any activities linked therewith. <u>Each organization/club must ensure that they have a sufficient insurance coverage for each contestant and official member.</u> Participants without proper participation forms and without sufficient insurance coverage will not be allowed to compete. Please, send the Indemnity forms to the e-mail: russianopentkd@yandex.ru</p>
15. Accreditations:	<p>Accreditation Centre will be open Sport Hall Crocus City from 12.00– 18.00, October 24, 2023</p> <p>Official representatives (1 or 2 persons per team only) must present for checking each participant's and official's passports (or the Certificate of Birth for minors), medical insurance, the proof of Entry Fees payment for the whole team, sign the Personal data consent form processing. Attachment 6.</p> <p><u>Accreditations may only be given out if the team paid the Entry Fee in full amount.</u></p> <p>The participation in the “Russian Open” 2023 Tournament</p>



	will only be possible with the Accreditation card.
16. Weigh-in:	The weigh-in of the contestants takes place on the previous day of the weight division that they compete. During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere. However, the contestant may weigh-in nude if he/she wishes to do so, excepting juniors and cadets.
17. Competition Timetable:	<p>22 October Teams` arrival</p> <p>23 October Teams` Arrival & Trainings 12:00-Referee meeting 12:00-18:00 On-site Registration <input type="checkbox"/> 17:00-19:00 Weigh-in for seniors Senior male:-54kg, -58kg, -63kg, -68kg, Senior female: -62kg, -67kg, -73kg, over 73 kg 19:30 – Head of team meeting 20:00 – Drawings for the 1st day</p> <p>24 October <u>1st Day of Competitions</u> 08:30-09:00 – Random weigh-in 09:00 – Competition starts Senior male:-54kg, -58kg, -63kg, -68kg Senior female: -62kg, -67kg, -73kg, over 73 kg Poomsae 10:00-12:00 – weigh-in for 2nd DAY Senior male: -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg 13:00 – 14:00 – Lunch, Drawings for the 2nd day 18:30 - Finals 19:00 – Awarding ceremony</p> <p>25 October <u>2th Day of Competitions</u> 08:30-09:00 – Random weigh-in 09:00 – Competition starts</p>



	<p>Senior male: -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg Poomsae 10:00-12:00 – Weigh-in juniors: Juniors male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg, Juniors female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -59kg, -63kg, -68kg, +68kg 13:00 – 14:00 – Lunch, Drawings for the 3rd day 18:30 - Finals 19:00 – Awarding ceremony</p> <p>26 October <u>3rd Day of Competitions</u></p> <p>08:30-09:00 – Random weigh-in 09:00 – Competition starts Juniors male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg, Juniors female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -59kg, -63kg, -68kg, +68kg 10:00 - Weigh-in Cadets: Cadets male: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg Cadets female: -29kg, -33kg, -37kg, -41kg, -44kg, 47kg, -51kg, -55kg, -59kg, +59kg 13:00 – 14:00 – Lunch, Drawings for the 4th day 18:30 - Finals 19:00 – Awarding ceremony</p> <p>27 October <u>4th Day of Competition</u></p> <p>08:30-09:00 – Random weigh-in 09:00 – Competition starts Cadets male: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg Cadets female: -29kg, -33kg, -37kg, -41kg, -44kg, 47kg, -51kg, -55kg, -59kg, +59kg 13:00 – 14:00 – Lunch 18:30 - Finals 19:00 – Awarding ceremony Teams' Departure</p>
18. Awarding:	1 st place, 2 nd place and two 3 rd places winners will be awarded with Medals, Diplomas and Prize with the reference to paragraph 18 of this Outline.



	<p>The special prize "Aggressive fighter" for men and women - 150000 rubles each.</p> <p>The organizer may, at its discretion, introduce additional bonuses for both participants and spectators.</p>
19. Referees:	<p>International Referees are invited to “Russian Open” 2023 on the following conditions:</p> <ul style="list-style-type: none"> •Organizing Committee will cover full board accommodation at Crocus City hotel for the International Referees in the period of October 22-28, 2023 <p>October 22 – check-in for referees (02:00pm) October 28 – check-out for referees (12:00am)</p> <p>Referee application forms can be sent to: ho_k@mail.ru</p>
20. First Aid:	<p>First aid will be provided at the Competition Hall by OC and will be used in case of emergency.</p>
21. Accommodation:	<p>Accommodation charges for room and board for teams will be borne by the participants.</p>
22. Transportation:	<p>Round trip airfare will be borne by the participating National Taekwondo Teams. OC will be able to provide transfer for teams from the Airport to the hotel and the other way back on the days of arrival and departure to Moscow (for the additional price) in case if the transportation request form was sent to OC.</p>
23. Training Halls:	<p>Free training halls will be provided by the OC for all the teams in the sport hall.</p>
24. Visa Support:	<p>To receive a visa invitation letter will be available for the registered participants by the email: viza-russia@mail.ru</p>
IMPORTANT!	<p>Everyone is requested to inform the OC about the city of visa issuance.</p> <p>The maximum period of stay with possible visa support in the Russian Federation is from October 20 to 30, 2023.</p> <p>Contacts for visa support: WhatsApp: +7 9153697516</p>



Attachment 1.

PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE

executed this on: _____ (insert date of signing).

I,
undersigned, certify that I will indemnify, hold harmless and release the Russian Taekwondo Union and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnatee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating at the Russian Open on October 22-28, 2023 in the broadest sense of the word. By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name:

Date:

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name:

Relation towards the minor:

Date:

Signature:



Attachment 3. (separate file)

Attachment 4. (separate file)



Attachment 5.

BANK DETAILS

Intermediary bank	PJSC VTB BANK, MOSCOW
The beneficiary's Bank	VTB Bank (public joint-stock company) (TSENTRALNYI BRANCH, MOSCOW)
BIC	044525411
Organization name	Russian Taekwondo Union
Address of the organization	Russian Federation, 119992, Moscow Luzhnetskaya nab. 8
Bank account to pay in Ruble	40703810422100000004
Payment for the Entry Fee to participate in Russian Open 2023 (<i>Country +Club/Organization+Surname and Name of Athlete</i>)	

